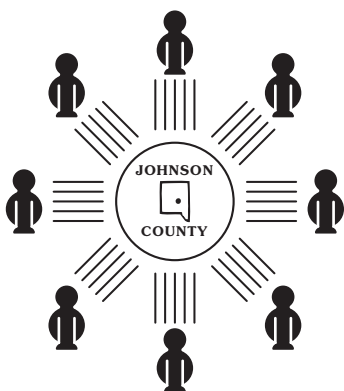


TELL ME WHERE TO TURN



Mental Health Resources in Johnson County

*8th edition
Revised, Winter 2009*

*For further information about
any of these services, contact*

*The Crisis Center
351-0140*

Prepared by the
Mental Health Task Force
of Johnson County

An organization of mental health
service providers and consumers

Funding and In-Kind Donations
Provided by:

Chatham Oaks Inc.

**Community Mental Health Center
for Mid-Eastern Iowa**

Goodwill Industries of the Heartland

Lynda Green

Veda Higgins

Hospers & Brother Printers

Johnson County Council of Governments

Tille and Norman Kennel



National Alliance on Mental Illness - UI

Pilot Club of Iowa City

**St. Mary's Catholic Church - Peace
and Justice Committee**

Frank L. Schmidt

Successful Living

UIHC - Psychiatry Department

This brochure has been prepared as a public service by the Mental Health Task Force of Johnson County, an organization of service providers and consumers. It does not represent an endorsement of any of the services listed, but its intent is to acquaint you with available resources.

For more information on any of the services listed, call the Crisis Center at 351-0140.

For additional copies of this brochure, contact the Community Mental Health Center for Mid-Eastern Iowa at 338-7884

TABLE OF CONTENTS

Crisis Assistance/Information and Referral/Emergency.....	1
Child/Adolescent Services.....	3
Counseling/Therapy.....	4
Education	5
Financial Resources/Discount Programs	6
Food	8
Health/Medical	8
Homeless (see Housing)	10
Housing/Emergency.....	10
Housing/Long Term	10
Legal Services	11
Mental Health Facilities - Inpatient	11
Mental Health Services for the Elderly	12
Recreation/Leisure	13
Substance Abuse	14
Support Groups/Internet Mental Health Resources	15
Supported Community Living.....	16
Transportation	17
Vocational Programs/Employment.....	17

All agencies and resources are located in Iowa City unless otherwise indicated.

CRISIS ASSISTANCE/INFORMATION AND REFERRAL/EMERGENCY

(See also: Financial Resources, Housing~Emergency)

Crisis Center

1121 Gilbert Ct.

351-0140 (Help & Info Line - 24 hours.)

351-0128 (Food Bank - M-F 12-4:30 p.m.)

Alcoholics Anonymous Office

329 E. Court Street

341-7068 (24 hours)

Ambulance - Johnson County

Emergency Only: 911

Community Mental Health Center for Mid-Eastern Iowa

507 E. College Street

338-7884 or 1-800-697-3165

Coralville Police Department

1503 5th St.

Coralville

354-1100

Emergency Only: 911

Department of Public Safety

University of Iowa

Old Capitol Centre

335-5022

Emergency Only: 911

Domestic Violence Intervention Project (DVIP)

351-1043, 24 hours

1-800-373-1043

Emergency Treatment Center

University of Iowa Hospitals and Clinics

Carver Pavilion (Access for automobiles from Grand Avenue)

356-2233

Iowa City Police Department

410 E. Washington

Routine Business 356-5275

Emergency Only: 911

Iowa Compass

100 Hawkins Drive

353-8777 or 1-800-779-2001

Information and referral for Iowans with disabilities and their families.

Johnson County Sheriff

511 S. Capitol Street

356-6020

Emergency Only: 911

Mid-Eastern Council on Chemical Abuse (MECCA)

430 Southgate Avenue
351-4357

Mercy Hospital | Mercy On Call

500 E. Market Street
339-0300 | 358-2767
339-3600 (Emergency Room)

Psychiatric Unit

University of Iowa Hospitals & Clinics
200 Hawkins Drive, 1911 John Pappajohn Pavilion
353-6952 (In-patient)
353-6314 (Out-patient)
356-1616 (after hours emergency)

Rape Victim Advocacy Program (RVAP)

320 S. Linn
335-6000 or 1-800-284-7821 (Crisis Line - 24 hours)
335-6001 (Business Line)

Salvation Army

1116 Gilbert Ct.
337-3725
Referrals to housing and jobs, community and drop-in center, free evening meals, laundry facilities.

United Action for Youth

410 Iowa Avenue
338-7518 (24 hours) or 1-800-850-3051

University of Iowa Hospitals and Clinics

200 Hawkins Drive
356-1616 (Information) or 1-800-777-8442
356-1802 (Patient Representative)

Veterans Affairs Medical Center

601 Highway 6 West
338-0581
For veterans only.

Youth Emergency Shelter

1916 Waterfront Drive
337-5080

INFORMATION AND REFERRALS**Aging and Disability Resource Center**

1556 1st Ave. S.
338-0402

Iowa City Public Library

123 S. Linn Street
356-5200

United Way

Call 211 for information and referral

CHILD/ADOLESCENT SERVICES

Big Brothers Big Sisters of Johnson Co.

4265 Oak Crest Hill Road S.E.
337-2145

Child Abuse Hotline

339-6166 (Local)
1-800-362-2178 (24 hour line)

Child Development Clinic

Center for Disabilities and Development
100 Hawkins Dr.
353-6122

Child Psychiatry Services

University of Iowa Hospitals and Clinics
200 Hawkins Drive
2887 John Pappajohn Pavilion
356-1188

Community Mental Health Center for Mid-Eastern Iowa

505 E. College Street
338-7884 or 1-800-697-3165

Families Inc.

101 W. Main Box 130
West Branch, Iowa 52358
643-2532

Four Oaks Youth Homes

1916 Waterfront Drive
337-4523
PALS (specialized childcare), youth emergency shelter, and family centered services.

Grant Wood Area Education Agency

200 Holiday Road
Coralville, Iowa 52241
351-2510

Johnson County Department of Human Services

855 S. Dubuque St.
356-6050
Child abuse/crisis intervention.

Juvenile Court Services

855 S. Dubuque St.
356-6076

Mayor's Youth Empowerment Program

1060 Cross Park Avenue
341-0060

Mental Health Institute

Cromwell Unit, 2277 Iowa Avenue
Independence, Iowa 50644
1-319-334-2583

Seashore Psychology Training Clinic

Department of Psychology
University of Iowa
335-2467

Tanager Place

2309 C Street SW
Cedar Rapids, Iowa 52404
1-319-365-9164

United Action for Youth

410 Iowa Avenue
338-7518
24 hour line, counseling (group and individual) and crisis intervention for children and families, Drop-in center, and teen parent program.

COUNSELING/THERAPY**Independent Practitioners**

For information regarding independent practitioners see telephone directory yellow pages under "Psychologists" or "Counselors."

Community Mental Health Center for Mid-Eastern Iowa

507 E. College Street
338-7884 or 1-800-697-3165

Community Pastoral Counseling Service

Congregational United Church of Christ
30 N. Clinton Street
337-2519
Personal and family counseling. Non-denominational.

Crisis Center

1121 Gilbert Court
351-0140

Counseling & Health Promotion Services

Department of Family Practice - UIHC
Pomerantz Family Pavilion
Melrose Avenue
384-7900

Hillcrest Supported Living

449 Highway 1 West
337-4204

Mid-Eastern Council on Chemical Abuse (MECCA)

430 Southgate Avenue
351-4357 or 1-800-697-3165

Psychiatric Outpatient Unit (Adult)

University of Iowa Hospitals & Clinics
200 Hawkins Drive, 1911 John Pappajohn Pavilion
353-6314 (Out-patient)
353-6952 (In-patient)
356-1616 (after hours emergency)

Salvation Army

1116 Gilbert Ct.

337-3725

Spiritual counseling, Community Center, free evening meals.

Seashore Psychology Training Clinic

Department of Psychology

University of Iowa

335-2467

University of Iowa Counseling Service

3223 Westlawn

335-7294

Open to University of Iowa students only.

University of Iowa Faculty and Staff Services

121-50 University Services Building

335-2085

Faculty, staff and their families only.

Veterans Affairs Medical Center

601 Highway 6 West

338-0581

For veterans only.

Women's Resource and Action Center (WRAC)

130 N. Madison Street

335-1486

EDUCATION**Evert Conner Rights and Resources Center**

730 S. Dubuque Street

338-3870

Consumer economics, survival skills, assertiveness training, career development, peer counseling, Americans with Disabilities Act (ADA) training.

Iowa City Public Library

123 S. Linn Street

356-5200

Iowa Vocational Rehabilitation Services

1700 1st Avenue, Suite 25D (Eastdale Plaza)

354-4766

Kirkwood Community College

1816 Lower Muscatine Road

887-3658

Credit classes outlined in Kirkwood Catalog, career advising, counseling.

Kirkwood Learning Center for Community and Continuing Education

1810 Lower Muscatine Road
887-3659

Educational counseling, GED, Adult Basic Education, high school completion, adult literacy. English as a second language classes, not-for-credit classes.

Kirkwood Skill Center

6301 Kirkwood Boulevard, S.W.
Cedar Rapids, Iowa 52406
1-319-398-5574

Vocational evaluation, job placement, counseling/case management for persons with disabilities.

University of Iowa

Regular 4-year and graduate academic program
Registrar, Jessup Hall, 335-0238

University of Iowa

Student Disability Services
3100 Burge Hall
335-1462

Division of Continuing Education
30 S. Dubuque St, 2nd Floor
335-2575
1-888-486-3433 (Toll-free, nationwide)

FINANCIAL RESOURCES/ DISCOUNT PROGRAMS

Benefits Counseling (Iowa Workforce Development)

1700 1st Ave S., Suite 11B
351-1035; ext 115

Information on how employment affects Social Security benefits, work incentive, and Medicaid for Employed People with Disabilities (MEPD)

City of Iowa City

410 E. Washington
356-5066

Utilities discount and 31 day bus pass discount
Eligibility: SSI, Family Investment Program (FIP), Food Stamps, Iowa Disabled & Senior Citizen Property Tax and Rent Reimbursement Program.

Crisis Center

1121 Gilbert Court
351-0128

Food bank, emergency transportation vouchers for transients.

HACAP (Hawkeye Area Community Action Program)

2007 Waterfront Dr.
337-5765

Energy assistance/ Weatherization.

Iowa City Housing Authority

410 E Washington (City Hall)

356-5400

Rental assistance.

Iowa Rent Reimbursement Claim

Iowa Department of Revenue

1-800-367-3388

Call for forms to claim refund for property taxes paid through rent.

**Johnson County Department of Human Services -
Income Maintenance**

855 S. Dubuque St.

356-6050

Medicaid (Title XIX) and Iowa Care Medical Assistance;
Family Investment Program (FIP) and Food Assistance Program
(Food Stamps)**Johnson County Mental Health and Disabilities
Services**

855 S. Dubuque St.

339-6169

Funding for services for qualified individuals.

Salvation Army

1116 Gilbert Court

337-3725

Emergency food assistance, emergency referrals, some emergency transportation. Must meet guidelines.

Social Security Administration

400 S. Clinton Street, Room 206

338-9461 or 1-800-772-1213

SSI (Supplemental Security Income)

SSDI (Social Security Disability Income)

Medicare

QWEST

PO Box 3368

Omaha, NE 68103

1-800-244-1111 (M-F; 7am - 7pm)

Telephone Assistance Program - reduced phone bills for qualified low-income customers. Link-Up Program - financial help with telephone installation for qualified low-income customers.

Veterans' Affairs (Johnson County)

800 S. Dubuque Street (moving to 855 S. Dubuque St. Summer 09)

356-6049

Rental assistance, food, utilities, burials and referrals for wartime veterans.

FOOD

Agape Cafe

Old Brick
26 E. Market Street
351-2211
Free breakfast on Wednesdays, when University is in session.

Crisis Center

1121 Gilbert Court
351-0128
Food bank. Noon-4:30pm; M-F; Photo ID requested.

Free Lunch Program

Wesley House
120 N. Dubuque Street
338-1179 or 337-6283 (12:00 p.m. - 1:00 p.m., M-Sat.)

Johnson County Social Services

855 S. Dubuque St.
356-6090
General assistance (rent, emergency food orders, paper products).

Johnson County Senior Dining & Home Delivered Meals

Senior Center - 28 S. Linn Street
356-5212
Daily noon meal for people 60 and older. Contributions to cover costs are appreciated.

Salvation Army

1116 Gilbert Court
337-3725
Free evening meals (Mon-Sat) and Noon on Sunday.

Special Supplemental Food Program for Women, Infants & Children (Johnson County WIC program)

855 S. Dubuque St.
356-6042

HEALTH/MEDICAL

Ask a Nurse

1-800-593-1414
24 hour health care information.

Community Mental Health Center for Mid-Eastern Iowa

507 E. College Street
338-7884 or 1-800-697-3165
Medication management, evaluation, psychotherapy, counseling, psychosocial rehabilitation and clubhouse. The Community Support Program, 338-3813, offers classes in physical care, nutrition, education about mental illnesses.

Emma Goldman Clinic

227 N. Dubuque Street
337-2111

Women's gynecological health services. Men's general health services.

Family Care Center

Pomerantz Family Pavilion
Melrose Avenue
384-7222

Free Medical Clinic

2440 Towncrest Drive
337-4459

Homemaker Health Aid Service/Visiting Nurse Assoc.

2953 Sierra Ct.
337-9686

ICARE (Iowa Center for AIDS Resources & Education)

438 Southgate Avenue
338-2135 or 1-888-338-2135

Impact

353-6151 (8 a.m. - 5 p.m., M-F)
356-1616, pager #5184 (after hours and weekends)
A support program to assist individuals with mental illness.

Independent Practitioners

See Yellow Pages of phone book under Physicians and Surgeons.

Mercy Hospital

500 E. Market Street
339-0300

Mercy On Call

358-2767
1-800-358-2767 (M-F 7AM - Midnight)
Telephone health information line, and physician referrals.

Nest of JC

1500 Sycamore St.
887-1209
Classes and support for pregnant women.

Prescription Medication Assistance

For assistance purchasing prescription medications:
Ask your health care provider or pharmacist for help.
Contact the manufacturer directly (provider or pharmacist can help finding the phone numbers)
Partnership for Prescription Assistance, a free service that can help connect you to the right prescription assistance program.
1-888-477-2669 or www.pparx.com

Planned Parenthood of Greater Iowa - Iowa City Ctr.

850 Orchard St.
354-8000 or 1-800-568-2368

University of Iowa Dental Clinics

Hawkins Drive/Newton Road
356-2205

University of Iowa Hospitals and Clinics

see p.2

University of Iowa Psychiatric Outpatient Clinic (Adult)

see p. 5

Veterans Affairs Medical Center

601 Highway 6 West
338-0581
For veterans only.

Visiting Nurse Association of Johnson County

2953 Sierra Ct.
337-9686

Partial Hospitalization Programs

For information contact your local hospital or physician.

HOUSING/EMERGENCY**Domestic Violence Intervention Project (DVIP)**

Iowa City, Iowa
351-1043
1-800-373-1043

Shelter House

331 N. Gilbert Street (Moving early 2010 to 429 Southgate Ave.)
351-0326

HOUSING/LONG TERM

(Advance arrangements required.)

Chatham Oaks Care Facility**Melrose Ridge Apartments**

4515 Melrose Avenue
887-2701

Hillcrest Family Services

Birch House
745 Pepper Drive
341-9849

Iowa City Housing Authority

410 E. Washington (City Hall)
356-5400
Section 8 rental assistance.

Successful Living

409 Hwy 1 West
356-0947
Single rooms with support services.

University of Iowa Campus Information Center

Housing Clearinghouse
Iowa Memorial Union
335-3055

LEGAL SERVICES**Clerk of District Court**

6th Judicial District
Johnson County Courthouse
356-6060
Commitment proceedings.

Iowa City Human Rights Commission

Human Rights Coordinator
410 E. Washington Street (City Hall)
356-5022
Investigates infringements of civil rights in housing, credit, education employment and public accommodations.
Enforces City's civil rights ordinance.

Iowa Protection & Advocacy Services

905 Office Park Road, Suite 221
West Des Moines, Iowa 50365
1-515-278-2502
1-800-779-2502
1-515-278-0571 (TTY) or 1-866-483-3342 (TTY)
Iowa P & A helps people with disabilities deal with discrimination.

Iowa Legal Aid

430 Iowa Avenue
351-6570
1-800-272-0008
Rights of people with disabilities, SSI assistance and appeals.
Must meet income guidelines.

Mental Health Advocate

Johnson County
c/o Clerk of Court Johnson County Courthouse
430-7278 (anytime)
Safeguards patient rights for those under court commitment.
Helps clients within institutions.

MENTAL HEALTH FACILITIES - INPATIENT**Mercy Hospital - 4 North**

500 E. Market Street
339-0300

Mercy Hospital

701 Tenth Street SE
Cedar Rapids, Iowa 52402
1-319-398-6772
Medical/Psychiatric Unit

Psychiatric Services

University of Iowa Hospitals & Clinics

see page 2

General Information 353-6952

Psychiatric Social Services 356-7122 or 356-2207

Veterans Affairs Medical Center

601 Highway 6 West

338-0581

Psychiatric Unit, Ext. 6419

For veterans only.

For Partial Hospitalization Programs contact your local hospital or physician.

MENTAL HEALTH SERVICES FOR THE ELDERLY**Care Centers with Licensed Special Alzheimer's Units**

Contact the Alzheimer's Association for current list of care centers that serve individuals with Alzheimer's.

319-294-9699 or 1-888-397-9635

Case Management~Department of Family Practice

University of Iowa College of Medicine

Pomerantz Family Pavilion

384-7999

Geriatric Specialists. Social workers.

Case Management~Elder Services Inc.

1556 1st Ave. S.

338-0515

Community Mental Health Center for Mid-Eastern Iowa

507 E. College Street

338-7884

Geriatric Assessment Clinic

University of Iowa Hospitals and Clinics

Sherry McKay, MSN-ARNP

356-3796

Assess physical & mental condition including Alzheimer's screening.

Iowa City/Johnson County Senior Center

28 S. Linn Street

356-5220

Wide variety of activities, classes, and services designed to promote socialization.

Pathways Adult Day Health Center

817 Pepperwood Lane

339-6162

Fees based on ability to pay. Therapy, exercise, reality orientation, social interaction, supportive counseling and practice for daily living skills.

Psychiatric Outpatient Clinic (Adult)

University of Iowa Hospitals & Clinics

see page 5

RECREATION/LEISURE**Campus Information Center**

Iowa Memorial Union University of Iowa

335-3055

Has information on all University of Iowa cultural and recreational events and services.

Compeer

507 E. College Street

338-7884 ext 245

Matches community volunteer in supportive friendship with adults who have mental illness.

Coralville Recreation Department

1506 Eighth Street

Coralville, IA 52241

248-1750

Evening Club Program

377 E. College Street

354-2121

Opportunity for socialization in small and large groups (fee).

Iowa City Public Library

123 S. Linn Street

356-5200

Reading, viewing, listening. information on most community recreational facilities and events.

There are also public libraries in North Liberty, Oxford, Solon and Coralville.

Iowa City Recreation Center

220 S. Gilbert Street

356-5100

Coffeehouse: Club for adults with mental illness that offers recreational opportunities; leisure counseling available.

Kirkwood Learning Center for Community and Continuing Education

1810 Lower Muscatine Road

887-3659

General interest classes include aerobics, cake decorating, investments, arts and crafts, etc. Nominal fees.

NAMI - University of Iowawww.uiowa.edu/~namiui

Free activities and events.

University of Iowa Division of Recreation Services

E216 Field House

335-9293

Reservations and lessons for racquetball, aerobics, martial arts, swimming and tennis.

University of Iowa Recreation Area

Iowa Memorial Union

335-3399

Billiards, video games, board games. Fees.

SUBSTANCE ABUSE

Alcoholics Anonymous, Alanon, Alateen, ACOA

329 E. Court Street

341-7068

For a listing of other types of "Anonymous" support groups, call the above number.

Iowa Substance Abuse Information Center (ISAIC)

Cedar Rapids, Iowa

1-319-398-5133

1-866-242-4111 (Information Center)

Statewide clearinghouse for substance abuse information.

Mid-Eastern Council on Chemical Abuse (MECCA)

430 Southgate Avenue

351-4357

Outpatient, inpatient, individual family groups, detox, 24 hour phone.

Mount Pleasant Mental Health Institute

1200 E. Washington

Mount Pleasant, Iowa 52641

1-319-385-7231

Inpatient.

Narcotics Anonymous

Box 2521

338-6704

Sedlacek Treatment Center

Mercy Hospital

Cedar Rapids, Iowa 52402

1-319-398-6226

Inpatient.

University of Iowa Chemical Dependency Center

200 Hawkins Drive

384-8765

Veterans' Administration Medical Center

601 Highway 6 West

338-0581 (Ask for Alcoholism Center)

For veterans only.

SUPPORT GROUPS

There are many support groups in Johnson County. The following numbers should be contacted for referral information:

Alcoholics Anonymous, 341-7068
Community Bereavement Network, 351-5665
Community Mental Health Center, 338-7884
Crisis Center, 351-0140
Elder Services Inc., 338-0515
Iowa City/Johnson County Senior Center, 356-5220
Iowa City Public Library, 356-5200
Mercy On Call, 358-2767
United Action for Youth, 338-9279
University Counseling Service, 335-7294
University Hospital Social Services, 356-2207
Women's Resource and Action Center, 335-1486

Alzheimer's Association

1642 42nd Street N.E.
 Cedar Rapids, Iowa 52402
 1-319-294-9699
 24 Hour HELPLINE 1-800-272-3900

Brain Injury Association

East Central Area Chapter
 Zion Lutheran Church
 310 N. Johnson Street
 337-4889 (Employment Services)
 338-0944 (Grace)
 For survivors of brain injuries and their families.

Divorce Support Group

For divorced, separated, or widowed
 Call Juanita at 530-2429 for information.

Friends

356-5100 (Cindy Coffin)
 Matches volunteers with clients who have special needs for weekly or biweekly leisure time activities.

National Alliance on Mental Illness of Johnson County (NAMI-JC)

Meets at Mercy Hospital, third Wednesday 5:30 pm
 337-5400
 Support group for families, friends and persons with mental illness.

Suicide Survivors Support Group (Crisis Center)

351-0140

Internet Mental Health Resources

There are many internet Mental Health and related sites. A few have been listed below. You may use a search engine such as Google or Yahoo and enter "mental health" or "mental illness" which give listings.

American Academy of Child and Adolescent Psychiatry
<http://www.AACAP.org/>

The Center for Mental Health Resources
<http://www.mentalhealth.org/>

Dr. John Grohol's Mental Health Site
http://www.psychcentral.com/resources/mental_health/

National Alliance on Mental Illness
<http://www.nami.org/>

National Institute of Mental Health
<http://www.nimh.nih.gov/>

Nemours Foundation
<http://www.kidshealth.org/>

SUPPORTED COMMUNITY LIVING

Assistance and skill development with activities of daily living.
 Funding through county MH/DS Department.

Community Mental Health Center for Mid-Eastern Iowa
 507 E. College St.
 338-7884 or 1-800-697-3165

First Resources Corporation
 1700 S. 1st Ave. Suite 16
 337-2210
 (also provides intensive psychiatric rehabilitation services.)

Goodwill Industries of the Heartland
 1700 1st Avenue S.
 337-4889

Hillcrest Supported Living
 449 Highway 1 West
 337-4204

Impact
 University of Iowa Hospitals & Clinics
 353-6151 (M-F; 8am - 5pm)
 356-1616; pager #5184 (after hours and weekends)

LIFE Skills, Inc.
 483 Hwy 1 West
 354-2121

ResCare
 1121 Shirken Dr.
 337-2008

Successful Living
 409 Hwy 1 West
 356-0947

TRANSPORTATION

Iowa City Bus Depot

Greyhound/Trailways
170 E. Court Street
337-2127

Iowa City Bus System, 356-5151

Coralville Bus System, 248-1790

Cambus, University of Iowa, (free) 335-8633

SEATS of Johnson County

339-6125

Transportation for people with disabilities who meet Americans with Disabilities guidelines in communities with public transit. For other communities and the rural area, anyone may request a ride.

Taxicabs

For information on taxicabs see telephone directory yellow pages under Taxicabs

VOCATIONAL PROGRAMS/EMPLOYMENT

Center for Career Development and Cooperative Education

University of Iowa
315 Calvin Hall
335-3201
Open to the public.

Employment Services/Goodwill Industries

1700 First Avenue, Suite 11A (Eastdale Plaza)
337-4889

Goodwill Industries of the Heartland

1410 S. First Avenue
337-4158
Vocational evaluation, and training.

Evert Conner Rights and Resources Center (formerly Independent Living)

730 S. Dubuque Street
338-3870
Pre-vocational and vocational classes.

Iowa Vocational Rehabilitation Services

1700 1st Avenue, Suite 25D (Eastdale Plaza)
354-4766

Iowa Workforce Development Center

1700 First Avenue, Suite 11B
351-1035

Kirkwood Learning Center for Community and Continuing Education

1810 Lower Muscatine Road
887-3659

Kirkwood Skill Center

6301 Kirkwood Boulevard, S.W.
Cedar Rapids, Iowa 52404
1-319-398-5474

Kirkwood Skills to Employment

1700 First Avenue, Suite 22
354-2272
Employment services and training programs.

Mayor's Youth Empowerment Program (MYEP)

1060 Cross Park Avenue
341-0060
Job development, coaching, and employment for disadvantaged youth.

Veterans Affairs Medical Center

601 Highway 6 West
338-0581, Ext. 7062 or Ext. 7063
Vocational Rehabilitation. For veterans only.

*Cover Graphic Design by
David Rubright*

